

Sculptra & Radiesse

Collagen-stimulating injectables

What *they are*

Sculptra and Radiesse are FDA-approved injectables that help your skin build its own collagen to restore deeper volume and firmness. Results usually last longer than hyaluronic acid filler. Neither is used in the lips or under the eyes.

	Sculptra	Radiesse
Made of	Poly-L-lactic acid (PLLA)	Calcium hydroxylapatite gel (CaHA)
How it works	Slowly stimulates new collagen	Adds lift right away, then stimulates collagen
When you see it	Gradually, over several weeks after each session	Right away, and improves over the next few weeks
Typical plan	Usually 2–3 sessions, about 4–6 weeks apart	Often 1 session, with touch-ups as needed
Lasts about	Up to 2 years	About 12–18 months
Can it be dissolved?	No	No (unlike hyaluronic acid filler)

Great *for*

- ✓ Hollow or flat cheeks and temples
- ✓ Deep smile lines and marionette lines

- ✓ Jawline and chin definition
- ✓ Overall loss of firmness with age

Before your *visit*

- ✓ **Pause blood-thinning supplements and pain relievers for 7 days** if your doctor says it is safe: aspirin, ibuprofen (Advil, Motrin), naproxen (Aleve), fish oil, vitamin E, ginkgo, garlic pills, and St. John's wort.
- ✓ **Never stop a prescribed blood thinner** (like warfarin, Eliquis, Xarelto, Plavix, or heart-protective aspirin) on your own.
- ✓ **Skip alcohol for 24 hours** before and after treatment.
- ✓ **Book at least 2 weeks before a big event**, and avoid dental work for 2 weeks before and after.
- ✓ Come with clean skin: no makeup, lotion, or sunscreen on the area.

Please tell us before treatment if you:

- ✓ are pregnant, trying to get pregnant, or breastfeeding
- ✓ form raised or keloid scars
- ✓ have an autoimmune condition or a bleeding disorder
- ✓ are allergic to lidocaine or any product ingredient
- ✓ have a rash, cold sore, or infection in the area
- ✓ have had filler in the same area before

After your *visit*

- ✓ **Sculptra: follow the “5–5–5” rule.** Massage the treated area for 5 minutes, 5 times a day, for 5 days, unless your provider tells you otherwise. This helps the product spread evenly.
- ✓ **Radiesse: do not rub or press** on the area for 24 hours unless your provider asks you to.
- ✓ **Use a cold pack** wrapped in a cloth, on and off during the first day.
- ✓ Skip hard workouts, saunas, hot yoga, and alcohol for 24–48 hours.
- ✓ Wait at least 12 hours before makeup. Use a gentle cleanser and daily sunscreen.
- ✓ Wait 2 weeks before facials, peels, microneedling, or laser.
- ✓ Keep your follow-up visits. Collagen builds over time and planning the next session matters.

Helpful *to know*

With Sculptra, the area looks full right after treatment because of the water mixed with the product. That fullness goes down in a few days. This is normal. Your true results build slowly over the following weeks.

What is normal

- ✓ Swelling, tenderness, redness, or bruising for a few days
- ✓ Sculptra: early fullness that fades within a few days
- ✓ Small bumps you can feel in the first 1 to 2 weeks

Call us right away if you notice

- Skin that turns white, gray, blue, or looks blotchy
- Pain that is severe or keeps getting worse
- Redness, warmth, pus, or fever
- A firm lump that appears weeks or months later

Changes in skin color with pain need care within hours. Call us day or night. Call 911 for any change in vision, eye pain, trouble speaking, or weakness on one side.

Common *questions*

Which one is right for me?

It depends on the area, your goals, and how quickly you want to see a change. We will map this out together.

Can I combine them with other treatments?

Yes. They are often paired with Botox or hyaluronic acid filler on a planned schedule.

Long-lasting, *natural* support.
Book a consultation.

Book online at ameridrip.com or call (301) 806–0361
Quoted at consultation · Cherry payment plans available