



Microneedling & PRP

Collagen induction therapy for texture, tone & scarring

What *it is*

Microneedling uses a medical-grade device to make tiny, controlled channels in the skin. Your skin responds by making new collagen and elastin, which improves texture, tone, and firmness over time. No heat or chemicals are used.

PRP add-on: we can draw a small amount of your blood, spin it to collect the platelet-rich plasma, and apply it during treatment to support healing and results.

Great *for*

- ✓ Acne scars and uneven texture
- ✓ Fine lines and early loss of firmness
- ✓ Large-looking pores
- ✓ Dull skin and mild sun damage

Before your *visit*

- ✓ **Stop retinol, tretinoin, and exfoliating acids** (AHA, BHA, glycolic, salicylic) and benzoyl peroxide 3 days before.
- ✓ **Avoid sun, tanning, and self-tanner** for 1 week before.
- ✓ **No waxing, peels, or laser** in the area for 2 weeks before.
- ✓ **For PRP:** skip ibuprofen, naproxen, and aspirin for 1 week before and after, if your doctor says it is safe. Drink plenty of water and eat before your visit.
- ✓ Arrive with clean skin and no makeup if you can.

AT A GLANCE

Appointment	60–90 min, with numbing
Redness	About 1–3 days
Typical plan	3 sessions, 4–6 weeks apart
Results	Build over 3–6 months
Areas	Face, neck, chest
Pricing	From \$299

Please tell us before treatment if you:

- ✓ are pregnant, trying to get pregnant, or breastfeeding
- ✓ have taken isotretinoin (Accutane) in the last 6 months
- ✓ have active acne, a cold sore, eczema, psoriasis, or a sunburn in the area
- ✓ get cold sores (we may prescribe a medicine to prevent a flare)
- ✓ form raised or keloid scars, or heal slowly
- ✓ have a bleeding disorder, low platelets, take blood thinners, or have an autoimmune condition

After your *visit*

- ✓ **No makeup for 24 hours.** Your skin is open and absorbs everything.
- ✓ **With PRP,** leave it on your skin for at least 4 hours, or until the next morning if you can.
- ✓ **Use only the products we give you** on the first day.
- ✓ **No workouts or heavy sweating** for 48 hours.
- ✓ From day 2, wash with a gentle cleanser and use SPF 30 or higher every day.
- ✓ Avoid direct sun for 1 week. Wear a hat outdoors.
- ✓ Wait 5–7 days before restarting retinol or acids.
- ✓ Let dry or flaky skin shed on its own. Do not pick or scrub.

What is normal

- ✓ Pink or red skin, like a mild sunburn, for 1 to 3 days
- ✓ Tightness, warmth, and mild swelling
- ✓ Dryness or light flaking around days 3 to 5
- ✓ Tiny pinpoint marks that fade within a few days

Call us right away if you notice

- Redness or swelling that gets worse after day 3
- Pus, crusting, blisters, or fever
- A cold sore flare in or near the treated area
- An itchy rash or hives

Call 911 for swelling of the lips, tongue, or throat, or any trouble breathing.

Common *questions*

Does it hurt?

We apply numbing cream first. Most people feel light pressure or a vibrating sensation.

Why a series?

Collagen builds with each session, and results keep improving for months after your last one.

When can I go back to work?

Most people return the next day. Plan a quiet day if you have an event.

Should I add PRP?

PRP may help with healing and results. We will talk through whether it fits your goals.

Smoother skin, *from within.*
Ask about a 3-session plan.

Book online at ameridrip.com or call **(301) 806-0361**
From \$299 · PRP quoted at consult · Cherry plans available