

Dermal Fillers

Hyaluronic acid filler · Lips, cheeks, jawline & more

What *it is*

Dermal fillers are a smooth gel made of hyaluronic acid (HA), a substance your skin already makes. We place filler under the skin to restore volume, soften folds, and shape features like the lips, cheeks, and jawline.

HA fillers are long-lasting but not permanent, and they can be dissolved if ever needed. That is one of the reasons we use them.

Common *areas*

- ✓ Lips: shape, balance, and hydration
- ✓ Cheeks and under-eye hollows
- ✓ Smile lines and marionette lines
- ✓ Chin and jawline definition

Before your *visit*

- ✓ **Pause blood-thinning supplements and pain relievers for 7 days** if your doctor says it is safe: aspirin, ibuprofen (Advil, Motrin), naproxen (Aleve), fish oil, vitamin E, ginkgo, garlic pills, and St. John's wort.
- ✓ **Never stop a prescribed blood thinner** (like warfarin, Eliquis, Xarelto, Plavix, or heart-protective aspirin) on your own.
- ✓ **Skip alcohol for 24 hours** before and after treatment.
- ✓ **Book at least 2 weeks before a big event.** Swelling and bruising can take that long to fade.
- ✓ **Avoid dental cleanings or dental work** for 2 weeks before and after filler.
- ✓ Let us know if you have a vaccine planned within 2 weeks of your visit.

AT A GLANCE

Appointment	45–60 minutes
Results	Right away
Settles in	About 2 weeks
Lasts	About 6–18 months
Downtime	Possible swelling or bruising
Pricing	Per syringe

Please tell us before treatment if you:

- ✓ are pregnant, trying to get pregnant, or breastfeeding
- ✓ get cold sores (we may prescribe a medicine to prevent a flare, especially for lips)
- ✓ have a rash, pimple, or infection in the treatment area, or are feeling sick
- ✓ are allergic to lidocaine or have had a severe allergic reaction before
- ✓ have a bleeding disorder or an autoimmune condition
- ✓ have had filler, permanent filler, or surgery in the same area

After your *visit*

- ✓ **Use a cold pack** wrapped in a cloth, 10–15 minutes at a time, during the first day.
- ✓ **Sleep with your head raised** on an extra pillow for the first 2 nights. Try to sleep on your back.
- ✓ **Do not massage or press** the area unless your provider asks you to.
- ✓ **Wait until the next morning** to put on makeup, lotion, or lip products.
- ✓ **Skip hard workouts, saunas, and hot yoga** for 48 hours.
- ✓ Avoid alcohol for 24 hours.
- ✓ Wait 2 weeks before facials, peels, microneedling, or laser.
- ✓ Come back at 2 weeks if you would like a check once swelling is gone.

What is normal

- ✓ Swelling that is worst on day 2 or 3, then slowly goes down (lips can stay puffy a bit longer)
- ✓ Tenderness, mild redness, or bruising for several days
- ✓ Small firm spots you can feel but not see. These usually soften over 2 weeks
- ✓ Mild uneven swelling early on. Judge the result at 2 weeks

Call us right away if you notice

- Skin that turns white, gray, blue, or looks blotchy or lace-like
- Pain that is severe or keeps getting worse
- Skin that feels cool to the touch
- Redness, warmth, pus, blisters, or fever in the days after treatment

These can be signs of a blocked blood vessel and need care within hours. Call us day or night. Call 911 for any change in vision, eye pain, trouble speaking, or weakness on one side of the body.

Common *questions*

Can filler be reversed?

Yes. Hyaluronic acid filler can be dissolved with an enzyme called hyaluronidase if needed.

Filler or Botox?

Botox softens lines caused by movement. Filler replaces lost volume. Many people benefit from both.

Does it hurt?

Most fillers contain lidocaine, a numbing medicine. We can also apply numbing cream first.

Will people be able to tell?

Our goal is a refreshed look that still looks like you. We often start conservatively.

Restore *balance*, naturally.
Book your filler consultation.

Book online at ameridrip.com or call (301) 806-0361
Priced per syringe · Cherry payment plans available